

# **Gender and life style: from puberty to elderly frailty**

**Matera (Italy), April 14-16, 2016**

Organized by:

Regione Basilicata

Dipartimento di Scienze Università della Basilicata

Dipartimento di Scienze Biomediche Università di Sassari

Dipartimento di Medicina sperimentale, Sezione di Fisiopatologia Medica,

Scienza della Alimentazione ed Endocrinologia, Università Sapienza di

Roma

Promoted by:



FONDAZIONE  
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**Palazzo Viceconte**

*Matera*

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## *Introduction*

The meeting will evaluate several medical aspects of human life from an interdisciplinary perspective, specifically focusing on gender differences. The conference will examine the influence of lifestyle and age on gender aspects throughout life, from childhood to old age. A further objective will be to discuss gender differences in addiction. This has traditionally been considered a male problem, but the most recent studies demonstrate, at least in western countries, that both alcoholism and tobacco dependence are rapidly increasing in women - and even more alarmingly, in young women. There is thus a need for new preventive and therapeutic strategies to fully address addiction in both genders.

The conference will also evaluate new advances in therapeutic approaches to cardiovascular disease as well as diabetes mellitus and obesity, the new pandemic of the third millennium, in both men and women. New approaches to gender research in both preclinical and clinical studies are urgently required to address new health needs in both genders, in order to expand therapeutic aspects and improve individual quality of life as well as healthcare sustainability. Finally, the meeting will discuss ongoing national and international processes in gender medicine and the future of gender medicine itself, through the intersection of gender with independent factors such as age and lifestyle.

Presidents of the Meeting

*Prof.ssa Flavia Franconi*

*Prof. Andrea Lenzi*

*Prof. Luigi Milella*

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**With the Patronage of**  
SIE (Società Italiana di Endocrinologia)  
SIF (Società Italiana di Farmacologia)  
PRESIDENZA DELLA REPUBBLICA - (*to be confirmed*)  
SIAMS (Società italiana di Andrologia e Medicina della Sessualità) - (*to be confirmed*)  
CONFERENZA DELLE REGIONI E DELLE PROVINCE AUTONOME (*to be confirmed*)

**Co-Presidents of the Meeting**

***Prof.ssa Flavia Franconi***

***Prof. Andrea Lenzi***

***Prof. Luigi Milella***

**Scientific Committee**

***Presidents:*** Basili S. (Rome, I), Campesi I. (Sassari, I), Migliaccio S. (Rome, I), Montella A. (Sassari, I)

***Members:*** Giannetta E. (Rome, I), Greco E. (Rome, I), Raparelli V. (Rome, I), Seghieri G. (Pistoia, I), Ostuni A. (Potenza, I), Tannenbaum C. (Montreal, CND), Regitz-Zagrosek V. (Berlin, D)

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**Organizing secretariat and CME provider**

**AVEC S.r.l. - Incentive Paintings** - Angela Volpe / Claudia Cislighi

Via Lavoratori Autobianchi, 1 - c/o Polo Tecnologico Brianza - Edificio 9 - Ufficio 14

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E-mail: angela.volpe@avec-eventi.com / claudia.cislighi@avec-eventi.com

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**Thursday, April 14, 2016 - Afternoon**

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14.30	<i>Registration</i>
15.20 – 15.30	<i>Welcome Address</i> De Ruggieri R. (Matera, I)
15.30 – 16.00	<i>Opening Ceremony</i> Pittella M. (Potenza, I), De Filippo V. (Rome, I), Aurelia Sole (Potenza, I)
16.00 – 16.45 Chairpersons:	<i>Opening Lecture</i> Colao A. (Naples, I), Jannini E. (Rome, I)  Franconi F. (Potenza, I) Gender Medicine: a new path for the appropriateness and sustainability of health care
16.45 – 18.30 Chairpersons:	Round Table: Addiction and gender Brunelleschi S. (Novara, I), Masini E. (Florence, I)  Agabio R. (Cagliari, I), Popoli P. (Rome, I), Smith C. (New York, USA), De Rose P. (Rome, I), Becker J. (Ann Arbor, USA), Nencini P. (Rome, I)
18.30 – 18.50	Rosano G. (London, UK) Gender differences in the effect of cardiovascular drugs
18.50	<i>Welcome Ceremony</i>

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**Friday, April 15, 2016 - Morning**

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Chairpersons:	Basili S. (Rome, I), Marino M. (Rome, I)
08.15 – 09.00	Regitz-Zagrosek V. (Berlin, D) Cardiovascular diseases in women
<b><i>Session I: Puberty and gender</i></b>	
Chairpersons:	Fabbri A. (Rome, I), Di Luigi L. (Rome, I)
09.00 – 09.30	Gianfrilli D. (Rome, I) Life style in the early life and infancy and prevention: gender aspects

- 09.30 – 10.00 Donini L. (Rome, I)  
Sex and gender aspects in anorexia and obesity during puberty
- 10.00– 10.30 Pigozzi F. (Rome, I)  
Sport and doping in transition age: sex differences
- 10.30 – 11.00 *Coffee break*

**Session II: Adulthood and gender**

Chairpersons: Regitz-Zagrosek V. (Berlin, D), Buzzetti R. (Rome, I)

- 11.00 – 11.30 Woodward M. (Oxford, UK)  
Gender specific feature of diabetes mellitus
- 11.30 – 12.00 Aversa A. (Catanzaro, I)  
State of metabolic diseases in men and in women
- 12.00 – 12.30 Isidori A.M. (Rome, I)  
Hormones and cardiovascular diseases: gender aspects
- 12.30 – 13.00 Caprio M. (Rome, I)  
Cardiovascular treatments: gender aspects
- 13.00 – 14.30 *Buffet Lunch*

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**Friday, April 15, 2016 - Afternoon**

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**Session III: Gender and Elderly**

Chairpersons: Mercurio G. (Cagliari, I), Seghieri G. (Pistoia, I)

- 14.30 – 15.00 Jannini E. (Rome, I)  
Sex differences and stress across the lifespan
- 15.00 – 15.30 Paolisso G. (Naples, I)  
Elderly frailty: gender differences?
- 15.30 – 16.00 Marocci C. (Pisa, I)  
Pathophysiology of osteoporosis: gender aspects
- 16.00 – 16.30 Migliaccio S. (Rome, I)  
Osteoporosis and sarcopenia; gender aspects
- 16.30 – 17.00 *Coffee Break*

17.00 – 17.30	Olivieri I. (Potenza, I) Chronic inflammatory arthritis and gender
17.30 – 18.00	Caputi A. (Messina, I) Polytherapy: Gender aspects

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**Saturday, April 16, 2016 - Morning**

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Chairpersons:	Franconi F. (Potenza, I), Milella L. (Potenza, I)
08.15 – 09.00	Legato M. (New York, USA) Closing Lecture: Gender medicine in the future
09.00 – 10.30	Round Table: Clinical Trials and Gender Aspects
Chairpersons:	Klinge I. (Maastricht, NL), Cantelli Forti G. (Bologna, I)  Vella S. (Rome, I), Campesi I. (Sassari, I), Martini N. (Rome, I), Scatigna M. (Rome, I), Rochon P. (Ontario, FDA), Scott P. (Silver Spring, USA), Antonini P. (Rome, I), Borghi C. (Bologna, I)
10.30 – 11.00	<i>Coffee Break</i>
11.00 – 12.30	Round Table: Gender Medicine round in the world
Chairpersons:	Legato M. (New York, USA), Lenzi A. (Rome, I)  Klinge I. (Maastricht, NL), Ricciardi W. (Rome, I), Pittella G. (Bruxelles, B), Smith C. (New York, USA), Tannenbaum C. (Montreal, CND), Kublickiene K. (Stockholm, S)
12.30-13.00	Franconi F. (Potenza, I), Lenzi A. (Rome, I) <i>Conclusions</i>

## **GENERAL INFORMATION**

### **Meeting venue**

Opening Ceremony – April 14th: Museo nazionale d'arte medievale e moderna della Basilicata (Palazzo Lanfranchi) – Piazzetta Giovanni Pascoli, 1, 75100 Matera (Italy).

Congress Venue – April 15th, 16th: Palazzo Viceconte – Via San Potito, 7 - 75100 Matera (Italy).

### **Registration hours**

The registration Desk will be open during the following hours:

Thursday, April 14: 01.30 p.m. to 07.00 p.m.

Friday, April 15: 07.45 a.m. to 06.00 p.m.

Saturday, April 16: 07.45 a.m. to 01.00 p.m.

### **Official language**

English. Simultaneous translation will not be provided.

### **Registrations**

No registration fee is required to attend the conference. Please return the registration form to:

**AVEC S.r.l. - Incentive Paintings - Angela Volpe / Claudia Cislighi**

Via Lavoratori Autobianchi, 1 - c/o polo tecnologico Brianza - edificio 9 - ufficio 14  
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### **Congress website**

[www.GenderandLifeStyle-Matera2016.avec-eventi.com](http://www.GenderandLifeStyle-Matera2016.avec-eventi.com)

### **CME Accreditation**

The application for CME accreditation has been submitted for Italian physicians.

The CME credits will be awarded only after full attendance of all sessions.

Completion of the registration Form, the learning & assessment questionnaires are compulsory.

### **European Accreditation**

An application has been submitted to the EACCME for CME accreditation of this event.

### **Technical facilities**

A Slide center with pcs (Windows and Macintosh operating systems) will be available for Speakers to preview and finalize their presentations.

Speakers are kindly requested to submit their presentations on USB flash drive to the Slide center technicians at least one hour before their talks.

### **Slide Centre opening hours:**

Thursday, April 14: 01.30 p.m. to 07.00 p.m.

Friday, April 15: 07.45 a.m. to 06.00 p.m.

Saturday, April 16: 07.45 a.m. to 01.00 p.m.

### **Lunches and coffee breaks**

Lunches and coffee breaks will be provided within the conference premises.

### **Abstracts book**

The participants will receive the abstracts Book at the conference.

### **Attendance certificate**

The attendance certificate will be issued at the accreditation desk following full attendance at the conference.

Registration form

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Matera (Italy), April 14-16, 2016

Promoted by:



FONDAZIONE  
INTERNAZIONALE  
MENARINI

Physician

Postgraduate

Surname		Name	
Title		Professional Area	
Institution			
Address			
City		Postcode	Country
Telephone		Mobile	Fax
E-mail			

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Date	Signature
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RE: Informative note pursuant to art. 13 of Legislative Decree 196/2003

Dear Client, this is to inform you that the processing of your personal data will be carried out in our company in full compliance with Law /2003. As established by this law, the processing will be based on the principles of correctness, lawfulness and transparency in order to protect your confidentiality and rights.

1) Pursuant to art. 13 we inform you that the data collected will be used for the following purposes:

- a. Organization of events, travel incentives, congresses and conventions: performance of bureaucratic procedures, reservation of tickets for transport, hotels, tourist services; organisational logistics, etc., and/or performance of accreditation procedures (ECM);
- b. Taxation and accounting obligations;
- c. Operational and managerial requirements;
- d. Possible forwarding of informative and promotional material relating to our sector in printed form or electronically.

2) For data required to fulfil obligations envisaged by law, regulations and Community legislation or provisions issued by legally empowered authorities and vigilance and control bodies, and to perform our business activities and fulfil our accounting, taxation and corporate organisational obligations, we are not required to obtain your consent and failure to provide such data will make it impossible to continue the relationship to the extent that said data are necessary for performance of the same.

The purchase of products and services marketed by AVEC SRL enables the latter to forward informative, advertising and promotional material relating to its sector of expertise in compliance with the methods indicated in point 1/d), pursuant to art. 130 subsection 4 of Legislative Decree 196/2003 and point 6 of the provision 'Simplification of certain requirements in the public and private domain concerning data processing for administrative and accounting purposes' - 19 June 2008 *GazzettaUfficiale* (Official Bulletin) no. 152 dated 1 July 2008. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind. The providing of personal data in order to receive advertising and informative material relating to our area of expertise either in printed form or electronically is entirely optional. Should you decide to object to the processing operations for commercial purposes, said refusal/objection will not have any consequences of any kind.

3) The personal data are processed by the persons in charge who are assigned to said processing in order to ensure correct fulfilment of the purposes indicated in point 1) via electronic instruments and printed files, also via use of safety measures aimed at guaranteeing the confidentiality of the personal data and preventing undue access by unauthorised subjects. Said data will not be subject to disclosure.

Data may be disclosed to the following subjects in their capacity as autonomous data processing controllers and/or in charge of external processing:

- accountants for bookkeeping and taxation obligations;
- attorneys for legal assistance for contractual purposes and management of litigation;
- entities/companies which collaborate with our company in the various sectors, for reasons strictly connected to the purposes set forth in point 1;
- banks and credit institutions.

You may contact the processing controller and persons in charge in order to exercise your rights as set forth in article 7 of Legislative Decree no. 196/2003, that is, the confirmation of the existence or otherwise of the data concerning you, the erasure, anonymization and blocking of data that has been processed unlawfully, the updating, rectifying or integrating of data, certification to the effect that the operations have been notified to the entities to whom or which said data were communicated or disseminated. The right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, by only objecting for example to the sending of promotional communications with the help of automated means. All requests may be forwarded by email to: [info@avec-eventi.com](mailto:info@avec-eventi.com) by phone to: 0362/ 581579 , or by fax to 0362/1860074.

4) The data controller is: **AVEC SRL Via Lavoratori, Autobianchi, 1 - Lotto 9/Uff.14 - 20832 – Desio(MB)**

5) The person in charge of the processing is: **Volpe Angela**

The purchase of products and services marketed by AVEC SRL enables the latter to forward informative, advertising and promotional material relating to its sector of expertise, as set forth in point 1 d), by email or in printed form and also by means of automated systems, pursuant to point 6 provision 'Simplification of certain requirements in the public and private domain concerning data processing for administrative and accounting purposes' - 19 June 2008 *GazzettaUfficiale* (Official Bulletin) no. 152 dated 1 July 2008.

**If you do not wish to receive such material mark a cross in the box alongside and send this informative note back to us by email or fax duly signed and stamped.** The interested party's right to object to the processing of personal data for the commercial purposes set forth in point 1 d), where it is carried out via automated contact means, shall also be extended to traditional means without prejudice to the possibility for the interested party to exercise this right in part, pursuant to art. 7, subsection 4, letter b), of the Code, that is, for example by only objecting to the sending of promotional communications with the help of automated means. Therefore, in the case of any objections, we invite you to specify in detail\*, whether you intend to totally object to the purposes in 1/e, or only to some of the methods (e.g. objection to sending by fax or email etc.). In case of a general objection then you will not be contacted personally, telephonically or by email in relation to the promotional activities and initiatives proposed by the company.

Notice pursuant to art. 13 of D. Lgs. no. 196/2003

Avec and Fondazione Internazionale Menarini, as data controllers, informs you that any personal data you provide, or any data lawfully received by third parties, will be used in connection to your participation to the Congress and/or to provide you with information regarding any other compatible activities organized by us . Your image, taken during the event, may be reproduced in videos and photos of the event and published on the website and social networks of Fondazione Internazionale Menarini (and on the website and social networks of the event, if any)

Data treatment shall mean any operation, or set of operations, carried out with or without the help of electronic or automated means, and must guarantee the confidentiality and security of your personal data.

Avec and Fondazione Internazionale Menarini, as data controllers may avail itself, to carry out any of the following procedures: press releases, communications to clients, data processing and computer-based consultation. The data can be communicated to scientific associations, public or private agencies related to CME, financial and banking intermediaries, as well as companies participating to the event with promotional functions compatible with the purposes for which the data have been collected.

The provision of your personal data for purposes related to your participation to the congress, including the publishing of images, is obligatory, but refusal will prevent your participation to the congress. Otherwise, said provision aimed at sending free documentation for other initiatives of Fondazione Internazioanle Menarini or Avec is optional, but refusal will not allow you to be informed on future training events conducted by us.

You have the right in any moment to access, correct, integrate, refuse the treatment pursuant to section 7 of the Legislative Decree no. 196 of 30 June 2003 addressing any requests to: AVEC Vial Lavoratori Autobianchi 1 20832 Desio (MB) or to Fondazione Menarini Centro Direzionale Milanofiori 20089 Rozzano (MI) Edificio L - Strada 6

I have read the above data protection notice and I agree with its terms.

Date: \_\_\_\_\_

Signature for acceptance \_\_\_\_\_